

# Energy and Environmental Performance of New and Future Buildings

## Danvik Dagen, 2014

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# Content

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- Low and zero energy and emission buildings over life cycles - experiences and challenges related to zero emission pilot and concept studies.
- Ongoing pilot-studies
- Study of indoor air quality of typical low energy buildings in Norway

# The research centre on Zero Emission Buildings

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- Research center for Zero Emission Buildings (ZEB) in Norway.
- Develop products and solutions for buildings that have zero emissions of greenhouse gases related to production, operation and demolition



Illustration: Snøhetta

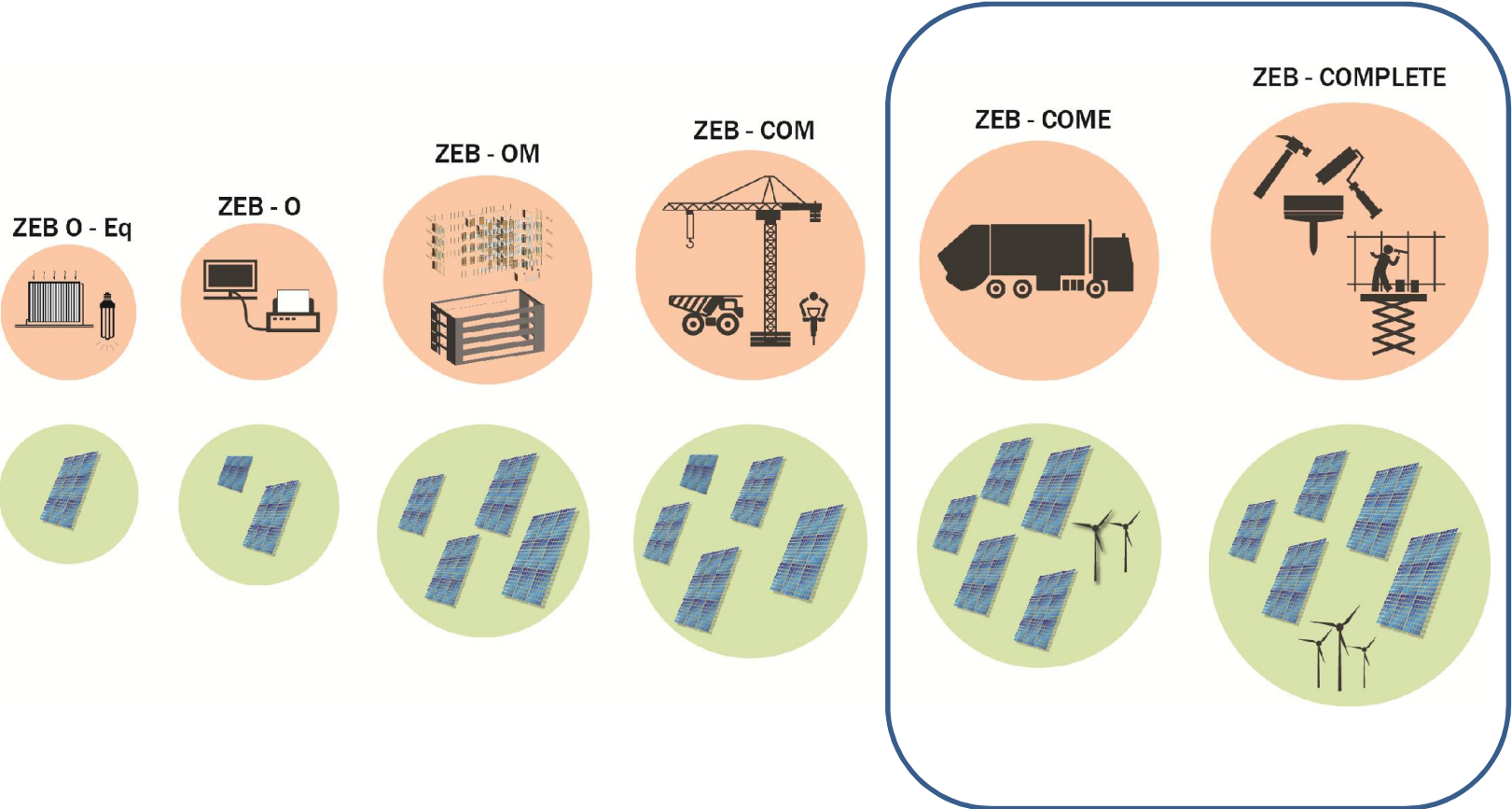
# Norwegian ZEB- definition levels

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<b>ZEB-COM</b>	ZEB-ambition level , where emissions from construction, operational energy use and material use are compensated for with renewable energy on site
<b>ZEB-OM</b>	ZEB-ambition level , where emissions from operational energy use and material use are compensated for with renewable energy on site
<b>ZEB-O</b>	ZEB-ambition level , where emissions from operational energy use are compensated for with renewable energy on site
<b>ZEB-O÷EQ</b>	ZEB-ambition level , where emissions from energy use in operations minus energy use for equipment (PCs, projectors etc.) are compensated for with renewable energy on site

Source, Dokka et.al, 2013

# Norwegian ZEB- definition levels – further work



Source, ZEB, 2013

# ZEB Office Concept Study – Goal and Team

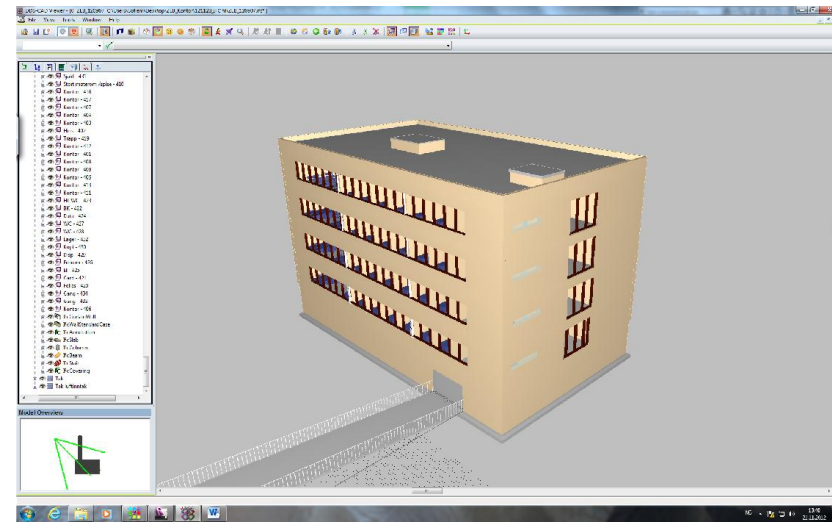
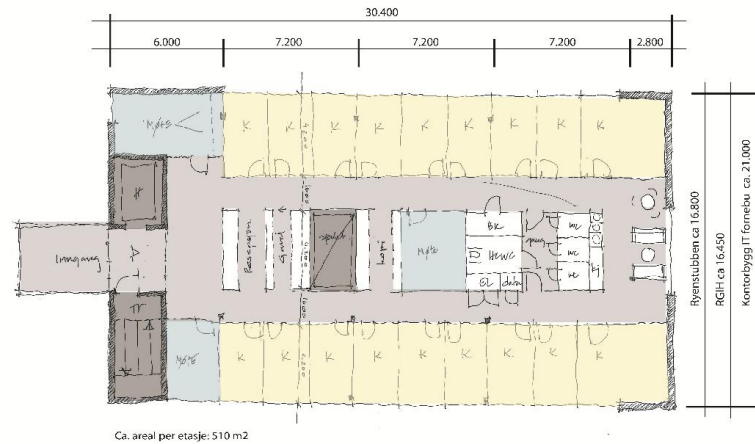
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- Goal to gain insight into the current challenges and status for achieving a Zero Emission Office Building in Norway
- Use the concept model to test out different approaches and methods
- Full report available at [www.zeb.no](http://www.zeb.no)
- Interdisciplinary co-operation – team

Tor Helge Dokka, Torhildur Kristjansdottir, Berit Time, Sofie Mellegård,  
Matthias Haase and Jens Tønnesen

A zero emission concept analysis  
of an office building

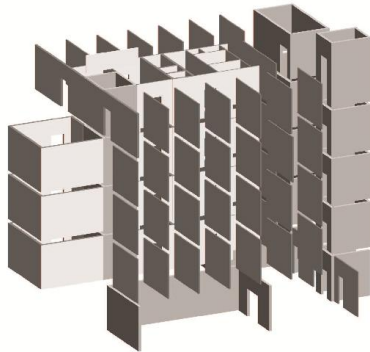
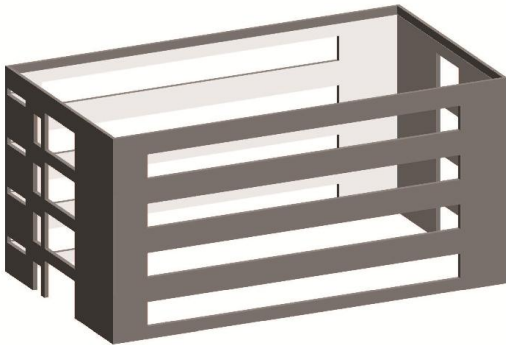
# Building – BIM



- Sketch based on Norwegian regulation on technical requirements for construction
- Optimal width, flexible floor plan, technical grid, continuous ceiling, frequent changes over time
- Heated floor area 1980 m<sup>2</sup>, four-story building + cellar/parking
- Mix of office cells and open landscape, meeting rooms, common spaces, cellar, technical rooms etc.
- BIM – Revit (Autodesk, 2011)

# Building – BIM – inventory for material take-outs

Type	LEVEL	MATERIAL TYPE	NAME	AREA m2	VOLUME m3	LENGTH	WIDTH
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,91	4100	166
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,91	4100	166
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,91	4100	166
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,93	4200	166
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,92	4150	166
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,92	4150	166
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,92	4150	166
V1_dB37	1	Systemvegg	Insulation mineral wool	13	0,91	4100	166
V1_dB37	1	Systemvegg	Insulation mineral wool	15	1,02	5234	166

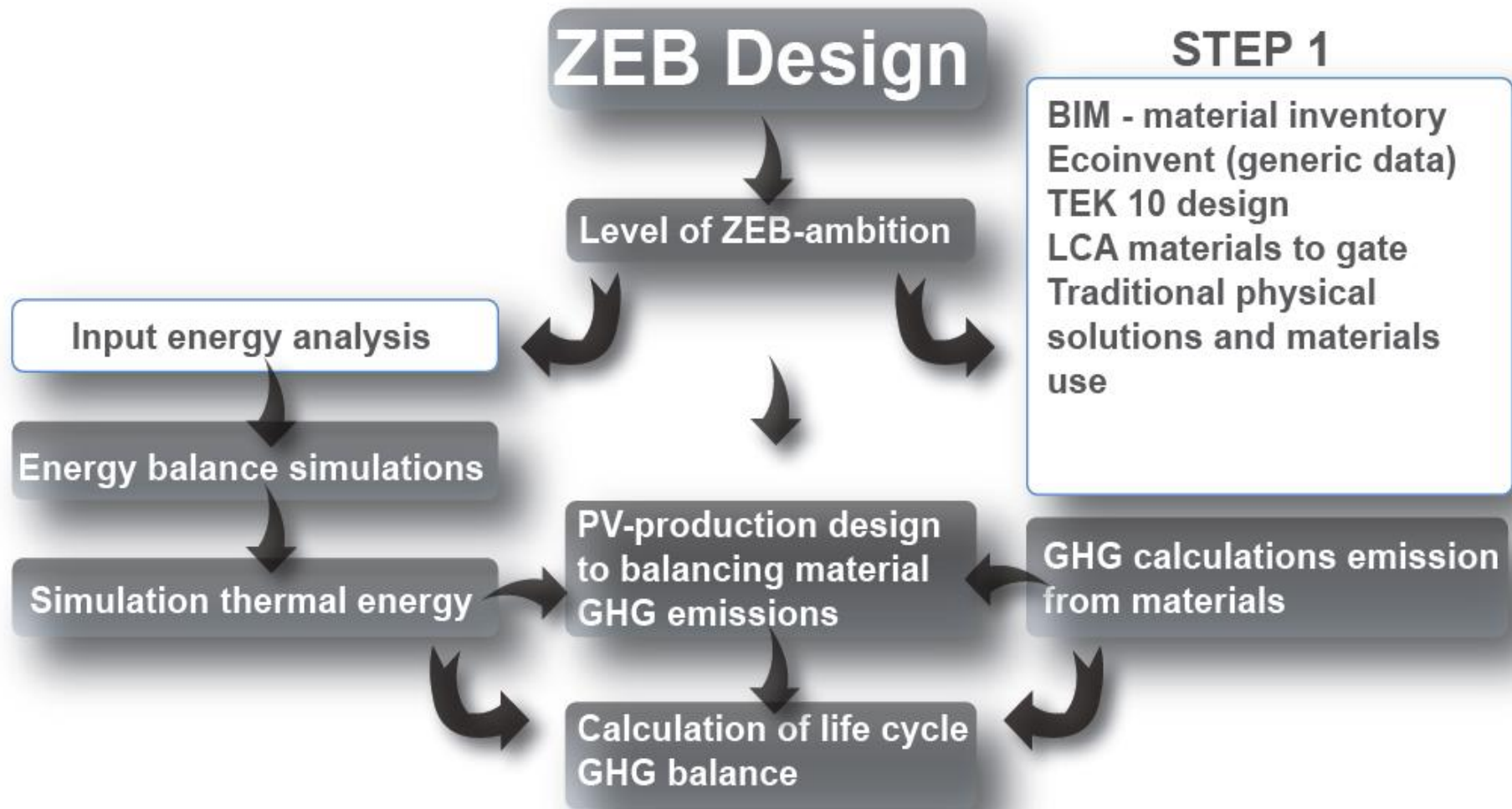


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# ZEB-concept work – office building - approach



# Material emission calculations

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- Goal: estimate material (CO<sub>2</sub> eq) emissions in the building materials and technical equipment
- The functional unit used in the analysis is 1 m<sup>2</sup> of heated floor area in the office building over an estimated life time of 60 years.
- Traditional building materials (glass wool insulation, hollow core slab structures, timber framed outer wall)
- Database for material emissions Ecoinvent version 2.2.
- Life cycle simulation tool: SimaPro (version 7.3) tool from Prè consultants
- Table of building elements NS 3451:2009
- Technical equipment included – based on estimates from ZEB pilot buildings (ventilation, electric cabling and energy producing units)

# Boundaries, A1-A3 and B4 based on EN 15978:2011

A1-3			A4-5		B1-7					C1-4				Supplementary information beyond the building life cycle. D
PRODUCT STAGE			CONSTRUCTION		USE STAGE					END OF LIFE				Benefits and loads beyond the system boundary
A1	A2	A3	A4	A5	B1	B2	B3	B4	B5	C1	C2	C3	C4	D
Raw material supply			Transport	Construction installation process	Use	Maintenance	Repair	Replacement	Refurbishment	De -construction demolition	Transport	Waste processing	Disposal	Reuse-Recovery-Recycling potential

EN 15978:2011

Sustainability of construction works - Assessment of environmental performance of buildings - Calculation method

# Energy concept and calculations

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Very low energy demand:

- Norwegian passive house standard NS3701:2010
- Energy efficient building envelope
- U-values:
  - Timber framed outer wall – 0.12 [W/m<sup>2</sup>K] (350 mm insulation thickness)
  - Roof – 0.09 [W/m<sup>2</sup>K] (450 mm insulation thickness)
  - Floor against cellar 0.11 [W/m<sup>2</sup>K] (350 mm insulation thickness)
  - Windows 0.75 [W/m<sup>2</sup>K]

Energy supply:

- Heat pump
- Solar thermal panels and solar electric panels
- Renewable electrical energy on site: 675 m<sup>2</sup> solar cells on roof and south façade of the building model
- Simulation energy performance – SIMIEN version 5.011 (SIMIEN, 2012)
- Simulation solar thermal system/heat pump – PolySun (Polysun, 2012)
- Performance PV-systems – PV-syst (Pv-syst, 2012)

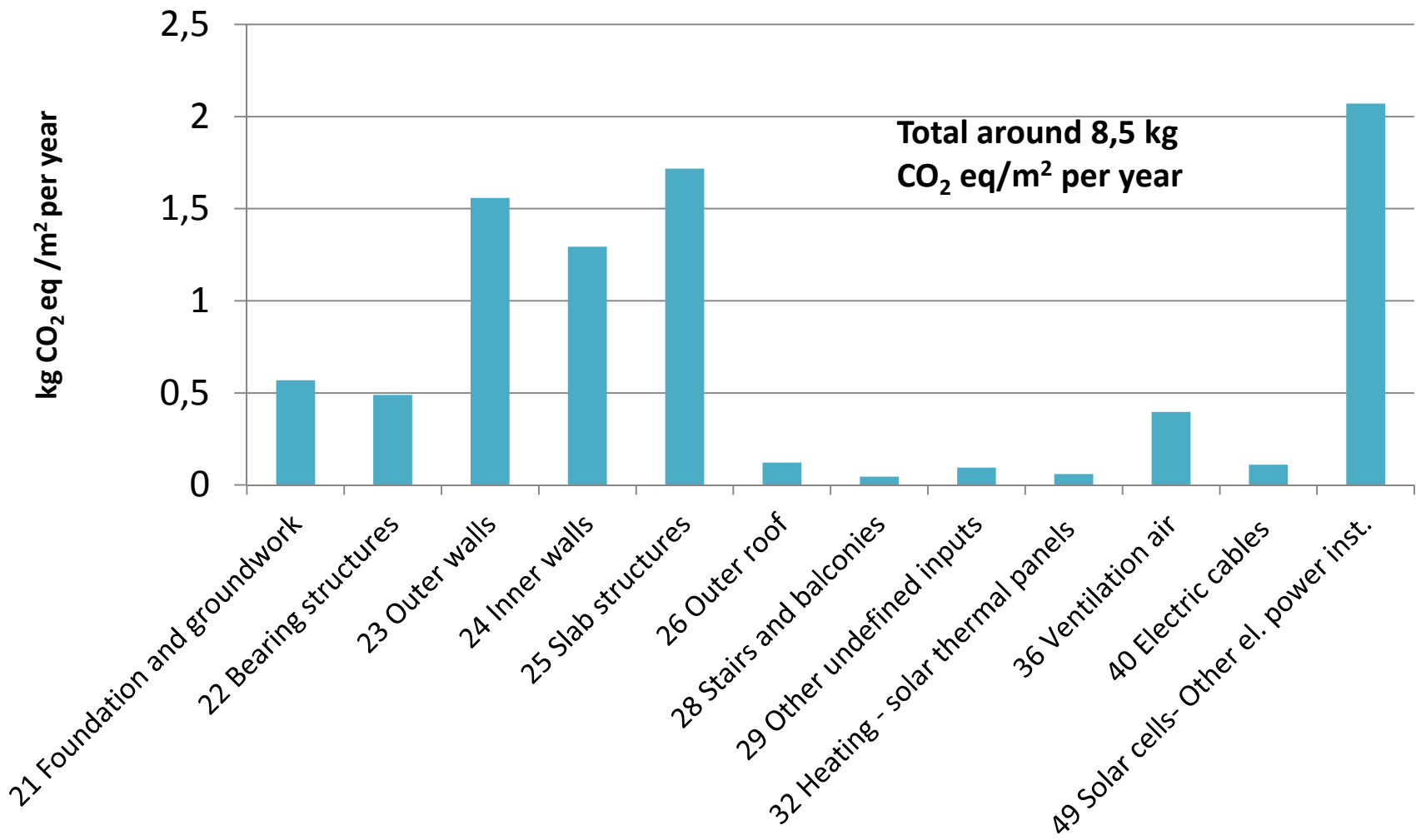
Source: Dokka et. al. (2013)



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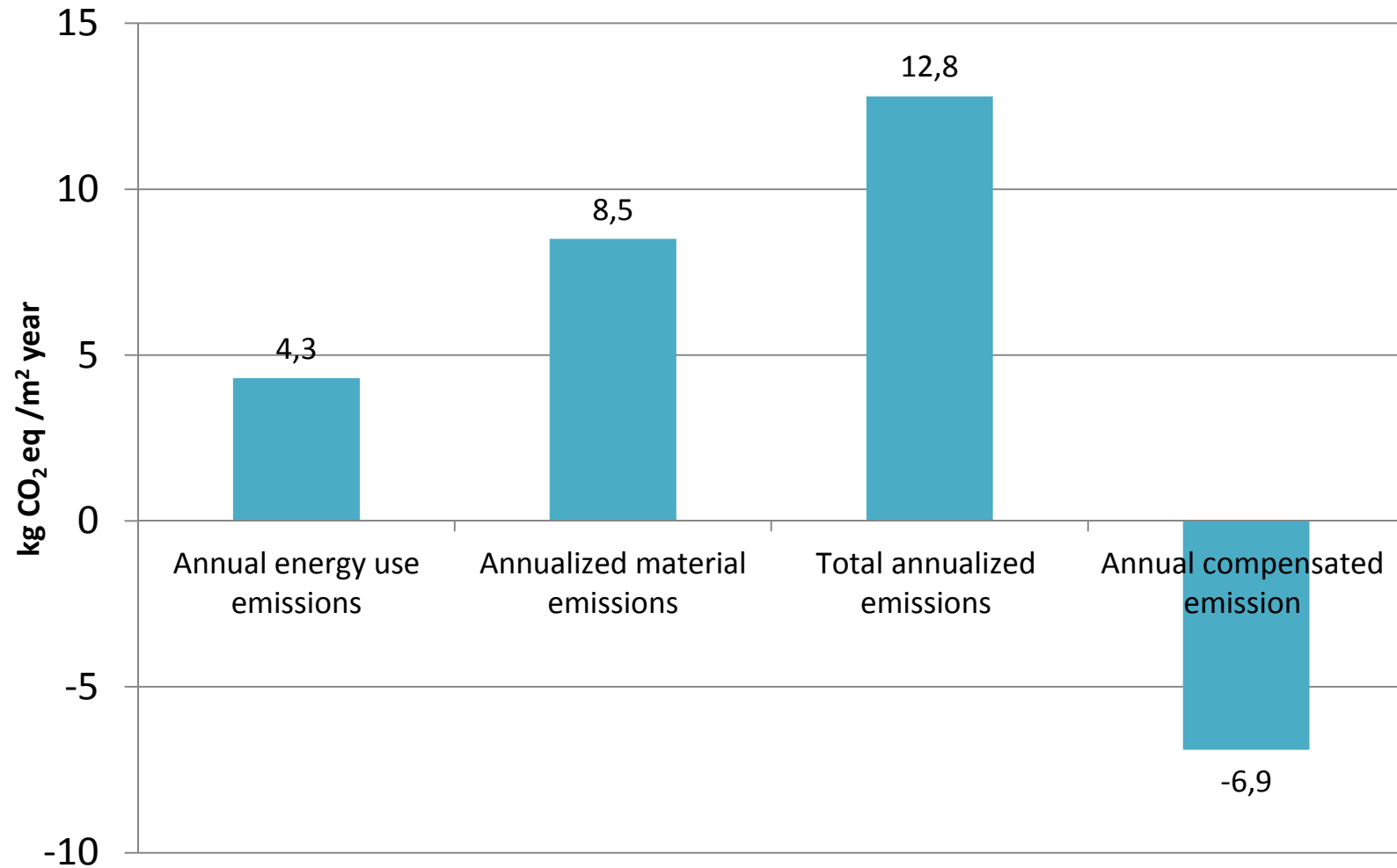
# Results – embodied emission – total and distribution



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# Results combined – from first phase



# Results

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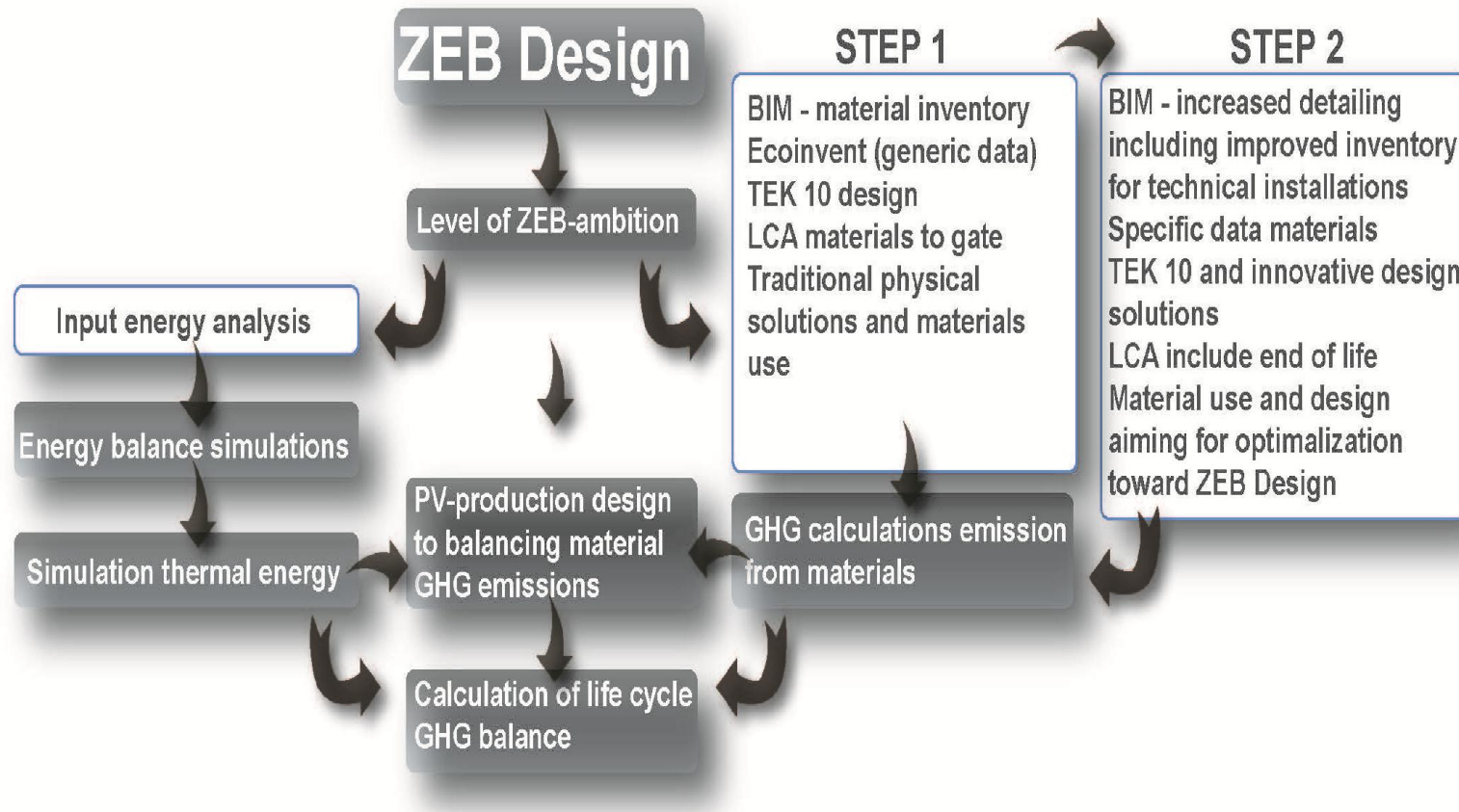
- Material emissions are higher than operational emissions over the estimated service lifetime
  - 8,5 kg CO<sub>2</sub> eq/m<sup>2</sup> year material emissions (67 %)
  - 4,3 kg CO<sub>2</sub> eq/m<sup>2</sup> year operational emissions (33 %)
  - Total 12,7 kg CO<sub>2</sub> eq/m<sup>2</sup>
- Renewable energy offsets around 50 % of the total emissions
- ZEB-ambition level ZEB-O is achieved
- ZEB-ambition level ZEB-OM is not achieved with the current approach
- Using BIM simplifies the Life cycle inventory phase



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# ZEB-concept work – office building – further work

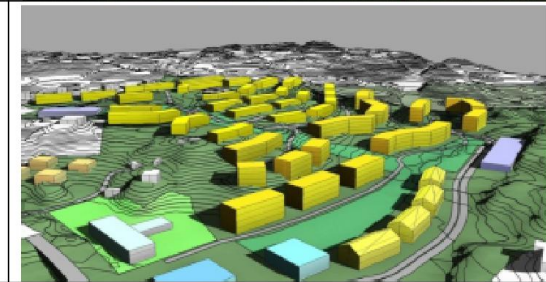




# ZEB-Pilot Buildings

## ZEB PILOT BUILDINGS:

1. Skarpnes Arendal: 37 dwellings, ZEB-O.
2. Powerhouse #2 – Sandvika. Renovation of 2 office blocks to Plus energy.
3. Mulitkomfort-Larvik: Single family house, ZEB-COM.
4. Ådland: 500 dwellings, ZEB-O.
5. Powerhouse # 1 – Trondheim. Large office building, Plus energy.
6. Depotbygget Haakonsvern – Bergen. Small office building, ZEB-O÷EQ.
7. ZEB Living Lab



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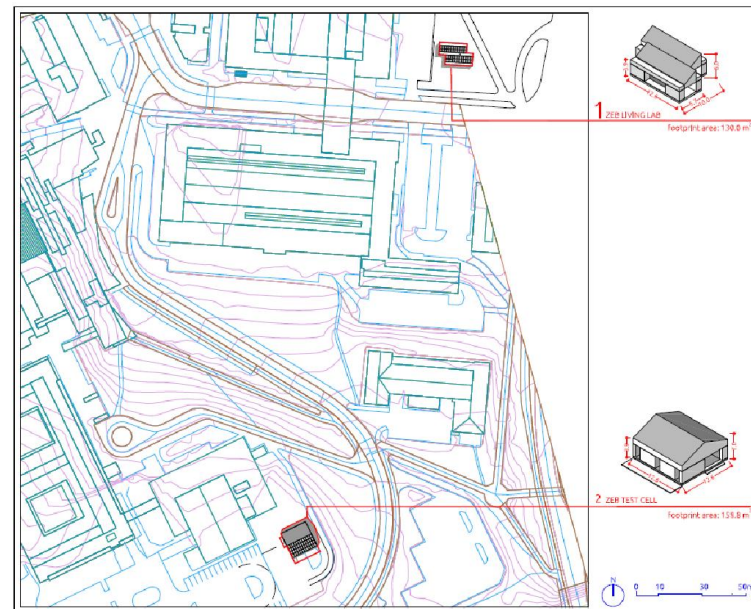


# Establishment of Test Buildings at NTNU – ZEB Living Lab and Test Cell

ZEB Living Lab



ZEB Test Cell



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# Study of indoor climate

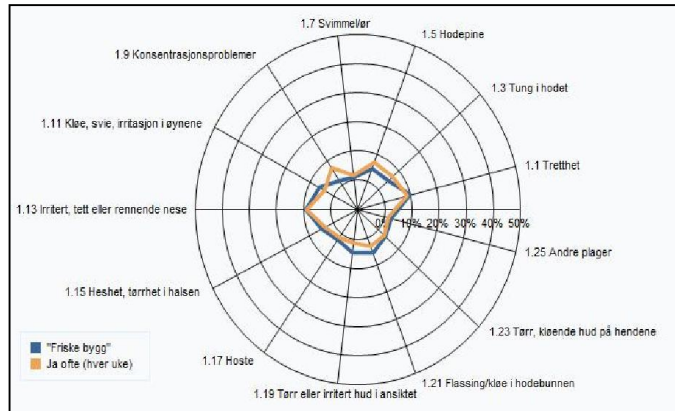
- User Survey (using Örebro skjema – *Örebro schedule*)
- Interviews
- Existing reports (interviews and surveys conducted at Fjell nursery and Marienlyst elementary school)
- [http://www.regjeringen.no/upload/KMD/BOBY/Civitas\\_passivhus\\_lavenergi\\_yrkesbygg.pdf](http://www.regjeringen.no/upload/KMD/BOBY/Civitas_passivhus_lavenergi_yrkesbygg.pdf).

Har du i løpet av de siste 3 månedene vært plaget av en eller flere av de undernevnte faktorene på din arbeidsplass					
Har du i løpet av de siste 3 månedene vært plaget av en eller flere av de undernevnte faktorene på din arbeidsplass		Ja, ofte	Ja, iblant	Nei, aldri	Vet ikke
	2.1 Draught				
1.1 Tretthet	2.2 Too hot				
1.3 Tung i hodet	2.3 Too uneven (alternating) temperature				
1.5 Hodepine	2.4 Too cold				
1.7 Svimmelhet	2.5 Stuffy and "poor" air				
1.9 Konsentrasjonsproblemer	2.6 Dry air				
1.11 Kløe, irriterende	2.7 Unpleasant odors				
1.13 Irriterte øyne	2.8 Static electricity tiny shocks				
1.15 Heshet	2.9 Tobacco smoke from others				
1.17 Hoste	2.10 Noise				
1.19 Tørr øyne	2.11 Lighting: to low or glare				
1.21 Plassir	2.12 Dust or dirt				
1.23 Tørr, kløende hud	2.13 Other indoor climate aspects other than mentioned above				
1.25 Andre					

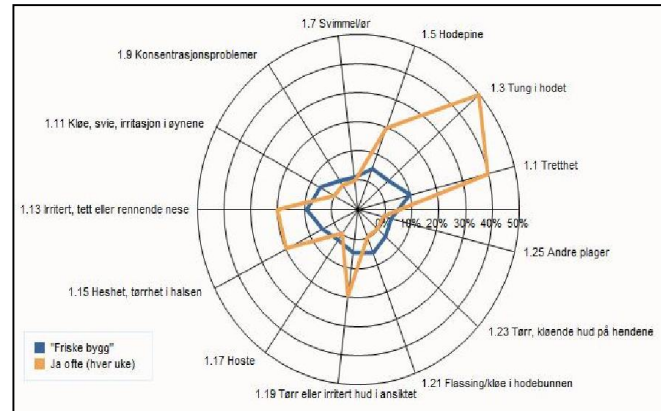
If yes: do you think they are related to your workplace conditions

# The survey

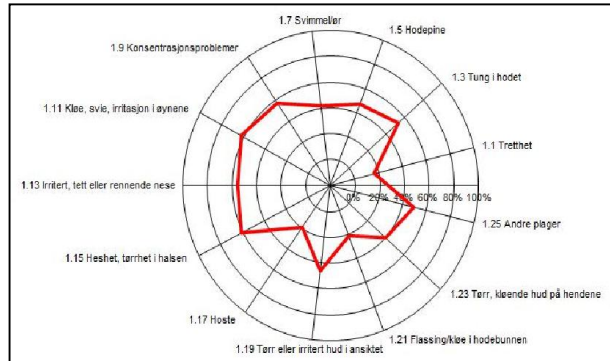
Symptom frequency (56 av 120 invited)



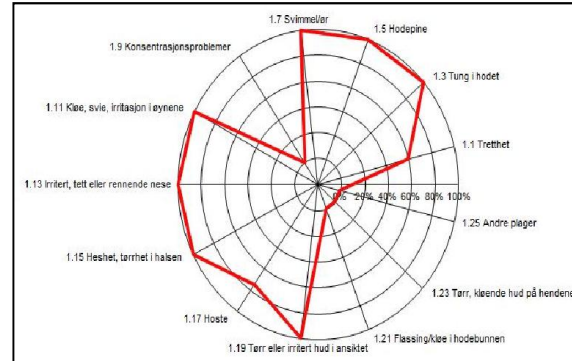
Symptom frequency (5 av 26 invited)



Related to the workplace conditions?



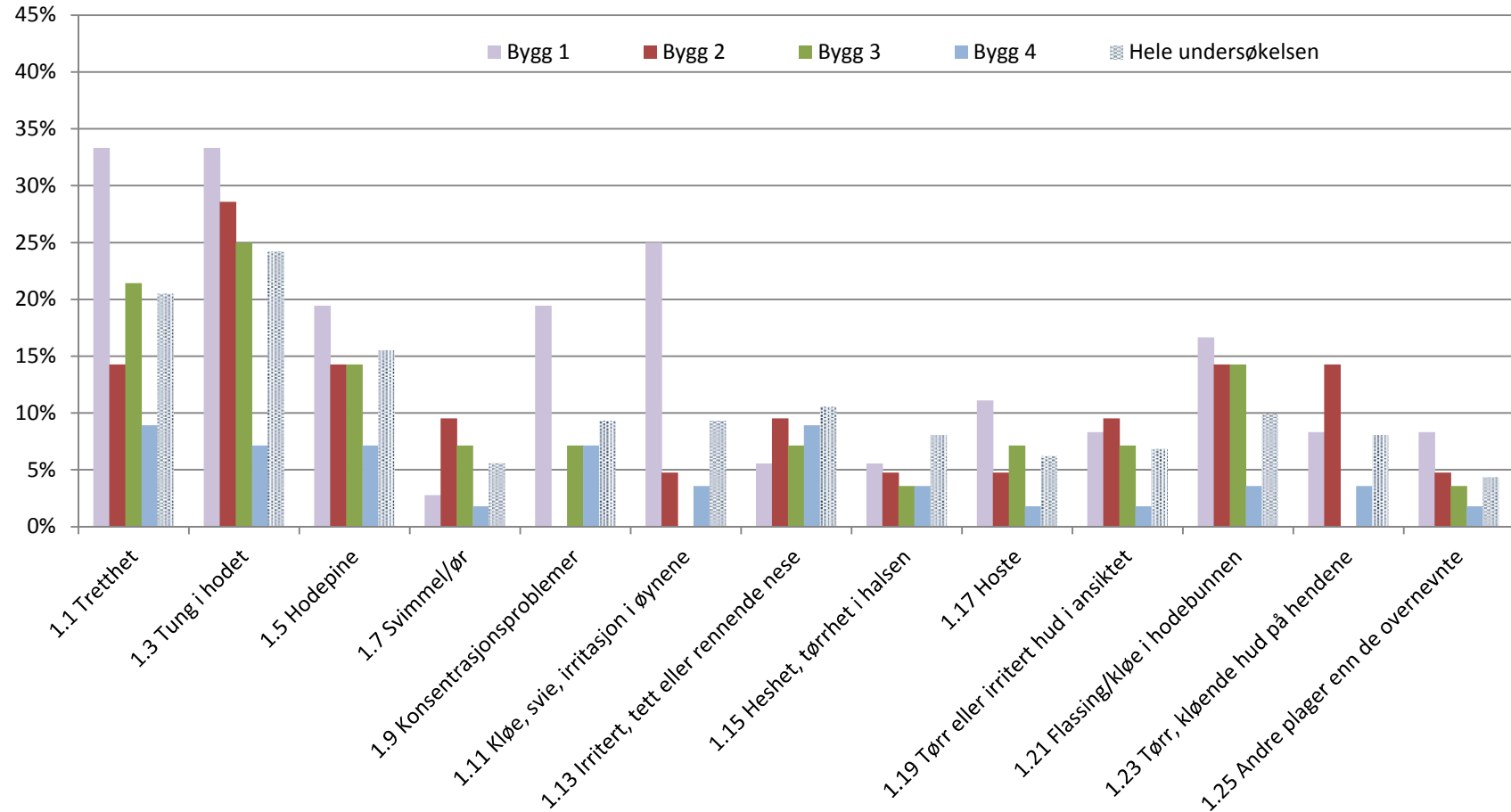
Related to the workplace conditions?



A very good functioning building!

Some have complaints - should be monitored. Hard to say anything about the building!

# Major differences between the buildings



# Results from literature

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- Problems with acoustics, pressure differences, air quality (by interruptions in ventilation systems)
- Individual rooms are too cold
- Group rooms with insufficient daylight
- Cold floors in the toddler department

# Interviews – examples of findings

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- **User:** bright and nice building with good indoor air quality. Normal or fewer complaints compared with other studies.

Although:

- The air in educational buildings in the core of the building is perceived as close, and these rooms are also experienced as too hot.
  - Periodically classrooms and group-rooms in the building is perceived as too cold.
  - Problems related to high pressure differences (doors are hard to open).
- **Operator:** Project planning, product and workmanship associated with the VAV system, inadequate commissioning. This has led to imbalance, large internal pressure differences, and unnecessarily high air flow when there are people present.



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## Methodical incorrect, but worth mentioning:

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Upon inspection of the building an employee mentioned that he had not been sick since the school opened in 2010, while he previously experienced significant health problems and frequent sick leave. He also reported that "the time when students had to go home because of headaches is over".



# In summary, indoor climate

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- **Surveys and interviews reveal significant differences between buildings.**
- **Many possible causes of poor indoor air quality**  
**Possible energy-related reasons:**
  - Compact building composition without adequate daylighting
  - No possibilities for window ventilation (opening windows)
  - Complex and sometimes inadequate operational systems
  - Insufficient heating "reveals" lack of attention during the design phase
  - Development and management toward buildings with low heating demand can cause complaints of it being "cold" (but it is beneficial for the air quality)
- **The energy-related causes are not specific to passive / low energy buildings**

# Recommendations, indoor climate

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- Systematic surveys amongst users in non-residential buildings
- Further development of user surveys for easier handling and more precise results that can be used in facility management
- Clarification and monitoring of regulatory requirements (daylight, windows that can be opened)
- Guidelines to simplify startup period and justifying new VAV systems

# Available publications

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## Project reports

[www.zeb.no](http://www.zeb.no)

A zero emission concept analysis of an office building

A zero emission concept analysis of a single family house

*Energy and Buildings - A net zero emission concept analysis of a single-family house, 2014*

*Report (in Norwegian) Brukerundersøkelse om innemiljø på Marienlyst skole. Evaluation of indoor environment quality at Marienlyst School, 2012.*

*Report (in Norwegian) - Indoor environment and energy consumption, examination of selected buildings and input methods to uncover relationships. February, 2013*



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